

Clinical Policy: Budesonide (Tarpeyo)

Reference Number: CP.PHAR.572

Effective Date: 03.01.22

Last Review Date: 08.24

Line of Business: Commercial, HIM, Medicaid

[Revision Log](#)

See [Important Reminder](#) at the end of this policy for important regulatory and legal information.

Description

Budesonide (Tarpeyo[™]) is a corticosteroid.

FDA Approved Indication(s)

Tarpeyo is indicated to reduce the loss of kidney function in adults with primary immunoglobulin A nephropathy (IgAN) who are at risk for disease progression.

Policy/Criteria

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of health plans affiliated with Centene Corporation[®] that Tarpeyo is **medically necessary** when the following criteria are met:

I. Initial Approval Criteria**A. Immunoglobulin A Nephropathy (must meet all):**

1. Diagnosis of primary IgAN confirmed by biopsy;
2. Provider attestation that secondary causes of IgAN have been ruled out (e.g., IgA vasculitis, liver cirrhosis, viral (hepatitis, human immunodeficiency virus [HIV]) and bacterial infection, inflammatory bowel disease, autoimmune disease such as lupus);
3. Prescribed by or in consultation with a nephrologist;
4. Age \geq 18 years;
5. Confirmation of proteinuria as evidenced by either proteinuria \geq 1 g/day or urine protein-to-creatinine ratio (UPCR) \geq 0.8 g/g despite ACEi or ARB therapy (at up to maximally indicated doses);
6. Recent (within the last 30 days) eGFR \geq 35 mL/min/1.73 m²;
7. Member is currently receiving therapy with an angiotensin converting enzyme inhibitor (ACEi) or angiotensin receptor blocker (ARB) (at up to maximally indicated doses) for at least 90 days;
8. Tarpeyo is prescribed in combination with an ACEi or ARB;
9. Failure of one alternative systemic corticosteroid (e.g., methylprednisolone, prednisone), used for at least 2 months, unless contraindicated or clinically significant adverse effects are experienced;
10. Dose does not exceed 16 mg (4 capsules) per day for 9 months, followed by 8 mg (2 capsules) per day for two weeks.

Approval duration: 6 months

B. Other diagnoses/indications (must meet 1 or 2):

1. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to one of the following policies (a or b):
 - a. For drugs on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the no coverage criteria policy for the relevant line of business: CP.CPA.190 for commercial, HIM.PA.33 for health insurance marketplace, and CP.PMN.255 for Medicaid; or
 - b. For drugs NOT on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the non-formulary policy for the relevant line of business: CP.CPA.190 for commercial, HIM.PA.103 for health insurance marketplace, and CP.PMN.16 for Medicaid; or
2. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy for the relevant line of business: CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid.

II. Continued Therapy

A. Immunoglobulin A Nephropathy (must meet all):

1. Member meets one of the following (a or b):
 - a. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
 - b. Member is currently receiving medication and is enrolled in a state and product with continuity of care regulations (*refer to state specific addendums for CC.PHARM.03A and CC.PHARM.03B*);
2. Member is responding positively to therapy as evidenced by a reduction in UPCR from baseline;
3. Member has not received more than 38 weeks of treatment with Tarpeyo;
4. If request is for a dose increase, new dose does not exceed 16 mg (4 capsules) per day for 9 months, followed by 8 mg (2 capsules) per day for two weeks.

Approval duration: up to a total treatment duration 38 weeks*

** Treatment consists of 9 months of therapy followed by a 2-week dose taper (see Section V below)*

B. Other diagnoses/indications (must meet 1 or 2):

1. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to one of the following policies (a or b):
 - a. For drugs on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the no coverage criteria policy for the relevant line of business: CP.CPA.190 for commercial, HIM.PA.33 for health insurance marketplace, and CP.PMN.255 for Medicaid; or
 - b. For drugs NOT on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the non-formulary policy for the relevant line of business: CP.CPA.190 for commercial, HIM.PA.103 for health insurance marketplace, and CP.PMN.16 for Medicaid; or

2. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy for the relevant line of business: CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid.

III. Diagnoses/Indications for which coverage is NOT authorized:

- A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies – CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid or evidence of coverage documents.

IV. Appendices/General Information

Appendix A: Abbreviation/Acronym Key

ACEi: angiotensin converting enzyme inhibitor
ARB: angiotensin receptor blocker
eGFR: estimated glomerular filtration rate

FDA: Food and Drug Administration
IgAN: immunoglobulin A nephropathy
UPCR: urine protein-to-creatinine ratio

Appendix B: Therapeutic Alternatives

This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent for all relevant lines of business and may require prior authorization.

Drug Name	Dosing Regimen	Dose Limit/ Maximum Dose
methylprednisolone	0.6 to 0.8 mg/kg PO QD	48 mg/day
prednisone	0.8 to 1 mg/kg PO QD	75 mg/day
methylprednisolone (IV) + prednisolone/prednisone (oral)	methylprednisolone 1 g IV for 3 days at the start of months 1, 3, and 5 + prednisolone or prednisone 0.5 mg/kg PO every other day on remaining days	See dosing regimen

Therapeutic alternatives are listed as Brand name[®] (generic) when the drug is available by brand name only and generic (Brand name[®]) when the drug is available by both brand and generic.

Appendix C: Contraindications/Boxed Warnings

- Contraindication(s): hypersensitivity to budesonide or any ingredients in Tarpeyo
- Boxed warning(s): none reported

V. Dosage and Administration

Indication	Dosing Regimen	Maximum Dose
IgAN	16 mg PO QD for 9 months. When discontinuing therapy, reduce dose to 8 mg PO QD for the last 2 weeks of therapy.	See dosing regimen

VI. Product Availability

Delayed release capsule: 4 mg

VII. References

1. Tarpeyo Prescribing Information. Calliditas Therapeutics AB; Stockholm, Sweden: December 2023. Available at: www.tarpeyo.com. Accessed January 2, 2024.
2. Kidney Disease: Improving Global Outcomes (KDIGO) Glomerular Diseases Work Group. KDIGO 2021 Clinical Practice Guideline for the Management of Glomerular Diseases. *Kidney Int.* 2021 Oct;100(4S):S1-S276. Available at: <https://kdigo.org/wp-content/uploads/2017/02/KDIGO-Glomerular-Diseases-Guideline-2021-English.pdf>. Accessed January 5, 2022.
3. ClinicalTrials.gov [Internet]. Bethesda (MD): National Library of Medicine (US). Identifier NCT03643965, Efficacy and Safety of Nefecon in Patients With Primary IgA (Immunoglobulin A) Nephropathy (Nefigard); 2021 December 13. Available at: <https://clinicaltrials.gov/ct2/show/NCT03643965>. Accessed January 5, 2022.
4. Fellström BC, Barratt J, Cook H, et al. NEFIGAN Trial Investigators. Targeted-release budesonide versus placebo in patients with IgA nephropathy (NEFIGAN): a double-blind, randomised, placebo-controlled phase 2b trial. *Lancet.* 2017 May 27;389(10084):2117-2127.
5. Lv J, Zhang H, Wong MG, et al. Effect of oral methylprednisolone on clinical outcomes in patients with iga nephropathy: The TESTING randomized clinical trial. *JAMA* 2017; 318:432.
6. Manno C, Torres DD, Rossini M, et al. Randomized controlled clinical trial of corticosteroids plus ACE-inhibitors with long-term follow-up in proteinuric IgA nephropathy. *Nephrol Dial Transplant* 2009; 24:3694.
7. Lv J, Zhang H, Chen Y, et al. Combination therapy of prednisone and ACE inhibitor versus ACE-inhibitor therapy alone in patients with IgA nephropathy: A randomized controlled trial. *Am J Kidney Dis* 2009; 53:26.
8. Rauen T, Eitner F, Fitzner C, et al. Intensive supportive care plus immunosuppression in IgA nephropathy. *N Engl J Med* 2015; 373:2225.
9. Pozzi C, Bolasco PG, Fogazzi GB, et al. Corticosteroids in IgA nephropathy: A randomised controlled trial. *Lancet* 1999; 353:883.
10. Barratt J, Lafayette R, Kristensen J, et al. Results from part A of the multi-center, double-blind, randomized, placebo-controlled NefIgArd trial evaluated targeted-release formulation of budesonide for the treatment of primary immunoglobulin A nephropathy. *Kidney Int.* 2022 Oct 18: S0085-2538(22)00836-5.

Reviews, Revisions, and Approvals	Date	P&T Approval Date
Policy created	01.18.21	02.22
Template changes applied to other diagnoses/indications and continued therapy section.	10.07.22	
1Q 2023 annual review: per clinical trial inclusion criteria added the following requirement: Recent (within the last 30 days) eGFR \geq 35 mL/min/1.73 m ² ; references reviewed and updated.	10.27.22	02.23

Reviews, Revisions, and Approvals	Date	P&T Approval Date
1Q 2024 annual review: no significant changes; clarified 1 g/day is associated with proteinuria rather than UPCR; for continuation of therapy revised approval duration from 6 months to “up to a total treatment duration 38 weeks”; references reviewed and updated. RT4: updated FDA approved indication per updated prescribing information following conversion from accelerated to regular approval.	01.02.24	02.24
Revise redirection to require one alternative systemic corticosteroid.	05.07.24	08.24

Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions, and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment, or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to

recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

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Note:

For Medicaid members, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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