## Hypertension



The relationship between hypertension, heart disease, and chronic kidney disease is assumed when conditions are documented together unless noted otherwise. Follow guidelines and use the appropriate combination codes when reporting conditions.

Coding & Documentation				
Category I11 — Hypertensive Heart Disease	Presumed relationship between hypertension and heart disease (applies to any condition I50. – or I51.4–I51.7, I51.89, I51.9)  Code separately only if heart disease stated not due to hypertension.  Use additional code from category I50 heart failure, if applicable.			
Category I12 — Hypertensive Chronic Kidney Disease	Presumed relationship between hypertension and chronic kidney disease  Code separately only if documentation specifies a cause other than hypertension.  Use additional code to identify the stage of the chronic kidney disease.  Also code dialysis status with end-stage renal disease.			
Category I13 — Hypertensive Heart & Chronic Kidney Disease	<ul> <li>Hypertension with both heart and kidney involvement</li> <li>Do not code separately for hypertension, heart disease and chronic kidney disease. Do not assign codes from I11 or I12.</li> <li>Use additional codes from category I50 heart failure, if applicable.</li> <li>Also code the appropriate stage of chronic kidney disease and dialysis, if applicable.</li> </ul>			
2024 Coding Guideline Update	When chronic kidney disease and acute renal failure are present, code <i>both</i> conditions and sequence according to the reason for the encounter.			

The education material herein complies with accepted ICD-10 guidelines and is for supplemental purposes only. The information herein is not guaranteed to be complete, free of errors, or the most current. It is the responsibility of the provider to document accurate and complete codes, clinical rationale, and medical services rendered to support appropriate ICD-10 code(s) according to official billing and coding guidelines, procedures, and regulations.

Additional Codes						
	Condition	ICD-10				
Heart Disease	Heart Failure	150.0-				
	Myocarditis	151.4-				
	Myocardial Degeneration	151.5				
	Cardiomegaly	151.7				
	Other ill-defined heart disease	151.89				
	Heart disease, unspecified	151.9				
	Condition	ICD-10				
	Exposure to tobacco smoke	Z77.22				
Heart Disease: Contributing Factors	History of tobacco dependence	Z87.891				
	Tobacco use	Z72.0				
	Tobacco dependence	F17				
	Stage Severity	ICD-10				
	Stage I — Normal	N18.1				
	Stage II — Mild	N18.2				
	Stage II — Mild Stage III — Moderate	N18.2 N18.30-N18.32				
Chronic Kidney Disease						
Chronic Kidney Disease	Stage III — Moderate	N18.30-N18.32				
Chronic Kidney Disease	Stage III — Moderate Stage IV — Severe	N18.30-N18.32 N18.4				
Chronic Kidney Disease	Stage III — Moderate Stage IV — Severe Stage V — Kidney Failure	N18.30-N18.32 N18.4 N18.5				
-	Stage III — Moderate Stage IV — Severe Stage V — Kidney Failure End-stage renal disease Chronic kidney disease,	N18.30-N18.32 N18.4 N18.5 N18.6				
Chronic Kidney Disease  Chronic Kidney  Disease:	Stage III — Moderate Stage IV — Severe Stage V — Kidney Failure End-stage renal disease Chronic kidney disease, unspecified	N18.30-N18.32 N18.4 N18.5 N18.6 N18.9				

## Hypertension



## **HEDIS®** Measures

Blood Pressure Control							
< 140/90 mm Hg controlled		Members ages 18–85 who had a diagnosis of hypertension and whose blood pressure was adequately controlled (<140/90 mm Hg) during the measurement year					
CPT® Category II Code(s)							
Systolic < 130	3074F		Diastolic < 80	3078F			
Systolic 130-139	3075F		Diastolic 80–89	3079F			
Remote Blood Pressure Monitoring							
CPT® Codes							
• 93784	93784 • 99091			• 99547			
• 93788	• 99453		• 994	173			
• 93790		• 99454	• 994	174			

## **Quality Tips:**

- If blood pressure is elevated, retake it. The taken combination of lowest readings during a visit is acceptable.
- Ensure that the blood pressure cuff is the correct size for the patient's arm, and that it is providing accurate readings.
- Do not round numbers up when using an automatic blood pressure machine.
- Review patient's medication list every visit.
- Educate patients on the importance of medication compliance.
- During telehealth or telephone visits, allow readings taken by a member with any digital device.
- During telehealth or telephone visits, exclude readings taken by a member using a non-digital device, such as a manual blood pressure cuff and stethoscope.

	Prescription M	onitoring				
Renin Angiotensin System Antagonists (PDC-RASA)	Me	Members who are 18 or older and who were on a renin angiotensin system antagonist medication at least 80% of the days from the first fill through the end of the year				
	Direct Renin Inhibitor Medica	tions and Combination	s			
aliskiren (+/- amlodipine, hydrochlorothiazide)						
Angiotensin Receptor Blocker (ARB) Medications and Combinations						
<ul> <li>azilsartan (+/- chlorthalidone)</li> <li>candesartan (+/- hydrochlorothiazide)</li> <li>eprosartan (+/- hydrochlorothiazide)</li> </ul>	<ul> <li>irbesartan (+/- hydrochloroth</li> <li>losartan (+/- hydrochlorothia</li> <li>olmesartan (+/- amlodipine, l</li> </ul>	zide)	<ul> <li>telmisartan (+/- amlodipine, hydrochlorothiazide)</li> <li>valsartan (+/- amlodipine, hydrochlorothiazide, nebivolol)</li> </ul>			
Angiotensin-Converting Enzyme (ACE) Inhibitor Medications and Combinations						
<ul> <li>benazepril (+/- amlodipine, hydrochlorothiazide)</li> <li>captopril (+/- hydrochlorothiazide)</li> <li>enalapril (+/- hydrochlorothiazide)</li> <li>fosinopril (+/- hydrochlorothiazide)</li> </ul>	<ul> <li>lisinopril (+/- hydrochlorothia</li> <li>moexipril (+/- hydrochlorothia</li> <li>perindopril (+/- amlodipine)</li> </ul>	,	<ul> <li>quinapril (+/- hydrochlorothiazide)</li> <li>ramipril</li> <li>trandolapril (+/- verapamil)</li> </ul>			

NOTE: The information listed here is not all-inclusive and should be used as a reference only. Please refer to current ICD-10/CPT/HCPCS coding and documentation guidelines found at www.cms.gov. HEDIS measures can be found at www.ncqa.com.